



## blue plate restaurant bar summer menu

### Great with Cocktails ~ Gin's ~ Bubbles

House Olive's ~ Thai Pickled Carrots ~ Hummus £3.75

Greek Olive Oil Marinated Anchovies ~ Cornish Sea Salt ~ Sourdough Bread £3.75

### Dinner Cocktails

Galicia: Nordes Gin | Pink Grapefruit Tonic | Caramelised Grapefruit | Kaffir Lime Leaf over Rocks £7.25  
Prosecco Elderlini

Gin | Elderflower Syrup | Prosecco £7-

### Thorn Berry Apple Crumble

Cornish: Tarquins "Blackberry Gin" | Cloudy Apple Juice | Berries | Lime | Bay Leaf £ 7.5

### To Start

Local Mackerel Pate ~ Gooseberry Relish ~ Toasted Sourdough £7.75 P | GF

Grilled Local Fish ~ Pickled Fennel ~ Orange ~ Beetroot Garden Herb Salad £8.5 P | GF

Cornish Goats Cheese Herb & Mint Cigars ~ Black Olive Tapenade ~ Organic Leaves ~ Croutons ~ Honey Sc £7 V

Tempura Soft Shell Crab ~ Julienne Carrot Kim Chi ~ Hot Sweet Chilli Sc £7.75 P | GF

Fowey River Mussels ~ Vermouth Cream ~ Celery ~ Garlic ~ Herb Sc ~ House Focaccia Bread £8.5 P | GF

### For Mains from Sea to Land to Plate

Local Grilled 'Catch Of The Day' ~ Butter Bean ~ Roasted Tomato Chorizo Cassoulet ~ Paprika Rouille £17.5 P/GF

Slow Roast Belly Pork ~ Cauliflower Puree ~ Cornish Chard ~ Charred Cauliflower ~ Nasturtium Salsa £16.5 GF/N

Crispy Rosemary Polenta ~ Coriander | Mint | Cumin Glazed Garden Root Vegetables ~ Parmigiana £14

### Bistro Dishes

Fowey River Mussels ~ Vermouth Cream ~ Celery ~ Garlic ~ Herb Sc ~ Focaccia Bread ~ Skinny Fries £ 16.75

6oz Peppered Beef Burger ~ Salad ~ Onion Marmalade ~ Gherkin ~ Skinny Fries £13.5 Add: Gruyere | Bacon £1

8oz Cornish Prime Rib Eye Steak ~ Parisian Fried Potato ~ Roasted Cherry Tom's ~ Organic Leaves £18 GF

**ADD:** Creamy Oyster Mushroom ~ Shallot Bacon Sc £2.75 | Crispy Onion Rings & Jacks No7 BBQ Sc £3

**Our Mains CAN BE Gluten free please ask your server-Seasonal Local Veggie Options Available Also..**

Local Side's - All our Potato & Vegetables are supplied by Local Small Holders-Farmers & grown just up the Hill.

Local Organic Leaf-Parmigiano-Caramelised Walnut Salad £4 Seasonal Locally Grown Vegetable's £3.50

Crispy Onion Rings No7 Jack Daniels BBQ Dip £4

Chunky Hand Cut Chips Cornish Sea Salt £3.85 Skinny Chips-Ketchup £3- ADD House Mayo/Aioli £1

**All Our dishes are prepared using Fresh-Seasonal-Local Produce hand picked from Sea to Land to BP  
We are proud of our commitment to the sustainability of our local economy by way of our support to our local fisheries-butcher's-  
local growers & local suppliers direct from vineyards, wine merchant to our pantry supplier.**

**Reservations: 01503 250308**

Main Road-Downderry-Cornwall PL11 3LD

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## Dessert & Liquor Menu

### Desserts All £6.75

*We only use Local Organic Happy Farm Hen Eggs in all our desserts*

Smooth Rich Vanilla Brulee ~ Cornish Butter Shortbread V | GF

Rich Dark Chocolate Mousse ~ French Madeleine ~ Raspberry ~ Caramelised Walnuts V | N

Sticky Treacle Ginger ~ Date & Orange Pudding ~ Toffee Sauce ~ Cornish Ice Cream ~ Candied Nuts V | N

Summer Berry Eton Mess ~ Italian Meringue ~ Clotted Cream ~ Cornish Ice Cream ~ Cherry Berry Sauce V | GF

Cornish Ice Cream ~ House Biscotti Biscuit ~ Sam's Sicilian Lemoncello on the side £5.5

### Luxury Selection of Mini Desserts: £9.75

**House Brulee | Date & Treacle Ginger Pud | Chocolate Mousse | Pannacotta | Shortbread Crumb N/VG**

Sam's Sicilian Lemoncello made with a secret recipe from Sicilian Lemons & Vodka-umm umm!! £3.75

### Dessert Wine 70 ml glass

**Orange Muscat "Essensia" 2014 – California** £26 ½Bottle £7.5 70ml

Beautiful Luscious Orange Muscat great with Trio of Desserts

**Chateau Belingard Monbazillac 2012 – France** £19 ½Bottle £5 70ml

"Garden of the Gods" Elegant Semillon & Muscadelle grapes matured in Oak Barrels for 2years

**Tawny Port 10yr- Australia** ~ Simply Lush with Chocolate Pot or Cheese £38 70cl Bottle £5.5 70ml

### Cornish Artisan Cheeses

3 Cheeses £8                      4 Cheeses £10

**Somerset Mature Cheddar | Cornish Blue | Nancy Crumbly Goats | Cornish Nettle Yarg | Guest Cheese**

House Poppy Seed Biscuits - Artisan Biscuits – Home made Port Jelly

### Our Aussie Port ~ Madeira ~ Sherry 70ml Glass

Tawny Port-Australian 10yr: Simply Lush with Desserts or Cornish Cheese Platter 19% £5.5

Madeira D'Oliveiras 10yr 18%-Med Dry-nectar of the Gods from a family vineyard producing Madeira since 18C £9

Pedro Ximenez: Mahogany Colour-Molasses-Figs-Dates-Syrupy flavour just amazing with Cheese-Chocolate 17% £6

Bepi Tosolini Grappa-Frassino: Crisp Delicate-Almond-Vanilla-rested in Ash wood Barrels 42% £7

### Blue plate Affogato £3.75

Cornish Vanilla Ice Cream-Double Espresso-House Biscotti Biscuit simply sip & enjoy

### Choose from: £3

**Frangelico: Italian Wild Toasted Hazelnut Liqueur 20% | Orange Armagnac Liqueur 24% | Pedro Ximenez 17%**

#### After Dinner Liqueurs 35ml

Amaretto  
Baileys  
Benedictine  
Cointreau  
Grand Marnier  
Kahlua  
Tia Maria

#### Cognac-Armagnac 35ml

Calvados-H'ors D'age 16yr  
Cognac-Paul Girard VSOP  
Grand Armagnac  
Pousse-Orange Armagnac  
Courvoisier VSOP

#### Whisky 35ml

Grouse House  
Jameson | Stout Cask matured  
Glenmorangie 10yr  
Penderyn Welsh | Madeira-Welsh  
matured in bourbon then Madeira casks  
(Pale-Fruit-Sweet-Floral notes)  
Glayva

*Try the above in a Liqueur Coffee with our "Sabin Artisan" 3 Bean Roast Coffee ground to perfection to produce a rich smooth coffee, caramel & nutty finished with Cream-Cocoa-House Biscotti. £6.85*

**BP Crew THANK all our customers for their support we ensure that all gratuities go directly to staff both Front & Kitchen Crew that have served you today**

**A discretionary 12% service charge is added to the final bill of larger parties of 7 or more.**

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